# **ESPE** Newsletter bringing the latest in paediatric endocrinology to you

Issue 23 • Winter 2013 ISSN 2045-5003 (online)







# Magnificent success in Milan!

## Record numbers attend 9th Joint Meeting

THE 9TH JOINT MEETING OF PAEDIATRIC ENDOCRINOLOGY took place in Milan, Italy, on 19-22 September. It was a great success, with more that 4400 participants from 106 countries: a real World Congress of Paediatric Endocrinology, and the biggest Joint Meeting ever!

This meeting, of course, continued a long tradition among the sister societies in paediatric endocrinology from around the world: ESPE, the Pediatric Endocrine Society (PES), the Australasian Paediatric Endocrine Group (APEG), the Asia Pacific Paediatric Endocrine Society (APPES), the African Society for Pediatric and Adolescent Endocrinology (ASPAE), the Japanese Society for Pediatric Endocrinology (JSPE), and the Sociedad Latinoamericana de Endocrinología Pediátrica (SLEP).

The theme of the event, 'Predictive medicine to improve the care of children', reflected the increasing importance of disease prevention through use of prediction models, which will be one of the cornerstones of future medicine. It was explored through 19 symposia, 9 satellite symposia, 2 'New Perspectives' sessions, 4 sessions focusing on controversies in paediatric endocrinology, 12 'Meet-the-Expert' sessions (which were repeated) and 3 yearbook sessions.

We received almost 1600 abstracts, which were presented in 20 free communication sessions and 88 poster tours. Due to the many active contributions, the lively discussions and the friendly atmosphere, the meeting was not just a great success but also a real pleasure for all of us.

The Joint Meeting was held at the brand new MiCo (Milano Congressi) Centre, one of the largest European congress centres, which was much appreciated by delegates and exhibitors. The social evening was enjoyed by all the participants, who had the opportunity to taste Italian regional food and wine and to meet with old and new friends.

Delegates and their families also had the chance to explore the city and savour its many attractions and beautiful architecture, during the very special Milan Fashion Week, which coincided with the Joint Meeting. This gave the delegates a flavour of Milan at its bustling best!

The Charity Children's Concert was also a triumph: delegates and their guests greatly enjoyed the Youth Orchestra and the Children's Choir, and they donated almost €3000 for the Civic School of Music (Scuola Civica di Musica) in Milan, which will be used to support two underprivileged children in their study of music.

The members of the Joint Programme Organising Committee, the Honorary Committee, the Local Organising Committee and the ESPE Council thank all our colleagues and friends who came to Milan and contributed to make the Joint Meeting a big success. The city, the universities and the people of Milan were privileged to host the 9th Joint Meeting of Paediatric Endocrinology.

We all look forward to meeting again in Dublin, Ireland, in 2014, where Hilary Hoey, ESPE President 2014, will host the 53rd Annual ESPE Meeting.

With warmest regards

- SPE update
- ESPE School in Diabetes/Obesity
  - NEWS FROM MILAN
- () ESPE welcomes its 1000th member!
- ESPE Annual Business Meeting
- () ESPE prizes and awards 2013
- ESPE Working Group update
- ESPE Sabbatical Leave Programme
- 27th ESPE Summer School
- ()) German Society for Paediatric Endocrinology and Diabetology
- Future meetings and Deadlines

## Welcome to issue 23

DEAR FRIENDS AND COLLEAGUES, Following the very successful 9th Joint Meeting in Milan in September, the President of the Joint Meeting, Franco Chiarelli, shares the news from the meeting with us in this issue. We thank Franco Chiarelli for the great hospitality we enjoyed and the excellent scientific programme.

On pages 4–5, you will also find the names of the recipients of the many awards that were presented at the Joint Meeting. We congratulate all our colleagues! We also congratulate Jan Lebl as the Chair of the Education and Training Committee and Gary Butler as the Chair of the Clinical Practice Committee for their re-election.

From this issue onwards, your newsletter will include a message from the ESPE Secretary General, Lars Sävendahl, and the Bioscientifica team, to summarise all the recent news from our beloved Society. You can read the first ESPE Update on page 2.

We continue to introduce national societies in the newsletter, and on page 8 of this issue we have details of the German Society. We are delighted to hear about the activities of our German colleagues, and hope the article will inspire you to tell us about your own national society and the work it undertakes.

CONTINUED ON PAGE 2

## ESPE News

### Welcome continued from page 1

The new ESPE Diabetes/Obesity School is an exciting initiative organised by Moshe Phillip. It takes place in April 2014, and the closing date for applications is 20 December 2013. You can read more about it below, and remember to apply without delay!

We are also pleased to bring you news about other ESPE activities, including the very successful ESPE Summer School (page 8), the Sabbatical Leave Programme (page 7) and the Working Groups on Disorders of Sex Development (DSD) and Paediatric and Adolescent Gynaecology (PAG) (page 6).

On page 3, we include an interview with the 1000th ESPE member, truly a milestone in the Society's history.

Your editorial board continues to maintain the quality of the Newsletter and to enrich it with feedback from all members. Do please send us your comments and ideas, and even better any articles or details of events that you would like us to include. As always, I thank Lars Sävendahl and the members of the Newsletter team for their valued ongoing support.

#### Yours sincerely,

**Professor Feyza Darendeliler** *Editor, ESPE Newsletter* feyzad@istanbul.edu.tr

#### EDITORIAL BOARD

Indi Banerjee, Manchester, UK George P Chrousos, Athens, Greece Gabriel Martos Moreno, Madrid, Spain

WELCOME TO THE FIRST regular update from the ESPE Team. We will be delighted to provide you with an update in each issue of the ESPE Newsletter from now on.

We are based in Bristol, UK, and work with Lars Sävendahl, ESPE Secretary General, and the members of the ESPE Council to continually improve and further develop ESPE as an ever-growing membership society. We oversee all day-to-day ESPE activities and projects. You can always contact us on espe@eurospe.org if you have any queries about the Society and your membership.

There are many reasons to join the Society, whether you want to network with an international community of paediatric endocrinologists or further your career through the many different grants and awards on offer. There is something for paediatric endocrinologists at all stages of their careers.

This year ESPE has an additional membership category: Nurses & Allied Health Care Professionals. This will help ESPE better represent all professionals working in the



field. Please recommend ESPE membership to any of your colleagues who you feel would benefit. Refer them to the website: www.eurospe.org.

At the Annual Business Meeting held during the 9th Joint Meeting in Milan, members agreed upon the formation of two new Council Committees: a Scientific Committee and a Communications Committee. These will allow the Society to develop effective member communications, as well as ensuring ESPE remains at the forefront of scientific knowledge sharing. This will help ESPE achieve its mission: to advance excellence in paediatric endocrinology and diabetes through research, education and medical practice. Lastly, please don't forget to have your say! If you want to give us feedback about your Society please contact us via espe@eurospe.org, or find us on Facebook and Twitter – we are always more than happy to hear from you.

Hannah Bonnell Tracey-Leigh Meadowcroft ESPE Team



# **NEW!** ESPE School in Diabetes/Obesity



ESPE IS ESTABLISHING a Diabetes/Obesity School, which will be held for the first time in Tel Aviv, Israel, on 24–26 April 2014.

The ESPE Diabetes/Obesity School will provide up to date teaching in diabetes and obesity and promote discussion and interaction between younger and more senior paediatric endocrinologists, in order to develop the next leaders in paediatric endocrinology.

The course will run for 2.5 days. It will include interactive lectures by experienced ESPE members, with the aim of covering all the main topics in diabetes and obesity. These lectures will be supplemented by small group sessions to discuss teachers' cases, and case presentations by the students. The course also includes an introduction to clinical research, with presentation by students of research proposals and projects in small groups, and presentation of selected work to the plenum.

In addition, a symposium on Frontiers in Paediatric Endocrinology will take place in Petah Tikva in the vicinity of Schneider Children's Medical Center of Israel on 23 April 2014. Students attending the Diabetes/Obesity School are invited to take part in this symposium.

For more details and to apply for a place, see www.eurospe.org/ education/education\_diabetesandobesity.html. The closing date for applications is 20 December 2013.

# ESPE News NEWS FROM MILAN



# ESPE welcomes its 1000th member!



AS THE LUCKY 1000TH MEMBER OF ESPE, ELIZABETH WON A YEAR'S FREE MEMBERSHIP AND AN ONLINE SUBSCRIPTION TO HORMONE RESEARCH IN PAEDIATRICS.

DR ELIZABETH LEMOS SILVEIRA LUCAS is ESPE's 1000th member, and we are delighted to welcome her to the Society. That our 1000th member is from outside Europe is good evidence that ESPE is now truly an international society.

Elizabeth, who is from Porto Alegre in Brazil, trained in paediatrics and medical genetics and achieved a PhD in endocrinology before focusing on children whose endocrine disease has a genetic cause. On a day-to-day basis, she deals with disease prevention and the counselling and treatment of children and families with congenital birth defects, rare diseases and special needs. She is part of the group that pioneered newborn screening for congenital adrenal hyperplasia (CAH) in Brazil: the Newborn Screening State Program of Goiás (NSSP-Goiás).

Her work is closely associated with that of other eminent researchers from the Universidade Federal do Rio Grande do Sul and the Universidade de São Paulo, including Berenice Mendonça, Regina Elnecave and Tânia Bachega, amongst others. This group has published papers on the incidence of CAH in Góias, Brazil, and on the application of molecular biology to neonatal screening for CAH. Elizabeth feels privileged to be associated with this group, and is proud to have played her part in the inclusion of CAH in the National Programme of Newborn Screening of the Brazilian Ministry of Health.

Elizabeth is also interested in studying growth deficiency disorders. Recently, together with FORGE Canada (Finding of Rare Disease Genes in Canada), which investigates rare disease aetiology, she took part in a molecular study in children with Floating-Harbor syndrome, a rare autosomal recessive condition of extreme short stature.

We met up with Elizabeth in Milan – she was obviously thrilled to learn about the landmark membership. We asked her why she joined ESPE and how it felt to be a 'special' ESPE member. She replied, 'I have been fascinated by ESPE meetings where there is so much scientific exchange with other researchers from all over the world. I really enjoy the emphasis on clinical endocrinology based upon sound scientific evidence.'

We wish Elizabeth and all other new ESPE members the very best in their careers. We hope that their association with ESPE will enrich the lives of many children with endocrine disorders from around the world.

## **ESPE Annual Business Meeting**

THE ESPE ANNUAL BUSINESS MEETING took place during the 9th Joint Meeting of Paediatric Endocrinology in Milan.

At the meeting, Jan Lebl was elected for a second term as Chair of the ESPE Education and Training Committee, and Gary Butler was elected for a second term as Chair of the ESPE Clinical Practice Committee. It was agreed that ESPE 2018 will be held in Athens, Greece, under the Presidency of George Chrousos.

It was also decided to establish two new ESPE Committees for Communications and Science. The Communications Committee will be chaired by George Chrousos, and ordinary members are yet to be appointed. Both the Newsletter Editorial Board and the Website Editorial Board will feed into the overall Communications Committee. The Science Committee Chair and ordinary members also have yet to be appointed.





DELEGATES FLOCK TO THE POSTERS AND EXHIBITION IN MILAN

# ESPE News



# ESPE prizes and awards 2013

THE FOLLOWING PRIZES were awarded during the 9th Joint Meeting in Milan. We congratulate all the recipients!

#### Andrea Prader Prize

• Annette Grüters-Kieslich (Berlin, Germany)

### **Research Award**

• Lourdes Ibáñez (Barcelona, Spain)

### **Outstanding Clinician Award**

• Sergio Bernasconi (Parma, Italy)

### **International Award**

• Ron Rosenfeld (Portland, OR, USA)

### **President's Poster Awards**

- Leo Dunkel (*London, UK*) for 'FGF21 causes GH resistance in human chondrocytes through activation of *SOCS2* and inhibition of *IGF-1* expression' (P1-d1-466)
- Maria Garcia-Rudaz (*Clayton, Australia*) for 'Excess of ovarian nerve growth factor causes a polycystic ovary-like syndrome in mice, which closely resembles both reproductive and metabolic aspects of the human syndrome' (P1-d1-531)
- Masaki Takagi (*Tokyo, Japan*) for 'Novel mutations in *PAX6* cause congenital hypopituitarism with or without ocular malformation' (P1-d1-504)
- Manuela Cerbone (*Naples, Italy*) for 'Clinical and biochemical risk factors in children with untreated long-term idiopathic subclinical hypothyroidism' (P1-d1-592)
- Heike Hoyer-Kuhn (Cologne, Germany) for 'Brittle bones caused by mutations in WNT1 new gene, new therapeutic approach?' (P1-d1-282)



ANDREA PRADER PRIZE - ANNETTE GRÜTERS-KIESLICH



RESEARCH AWARD - LOURDES IBÁÑEZ



OUTSTANDING CLINICIAN AWARD - SERGIO BERNASCONI



INTERNATIONAL AWARD - RON ROSENFELD

## 5 Milan 2013

# ESPE prizes and awards 2013 continued from page 4

## Young Investigator Awards

• Jacques Beltrand (Paris, France)

News

• Cosimo Giannini (Chieti, Italy)



JACQUES BELTRAND



COSIMO GIANNINI

### Hormone Research in Paediatrics Prizes

- Satu Pirilä (Helsinki, Finland) for 'Breastfeeding and determinants of adult body composition: a prospective study from birth to young adulthood' (Original Paper)
- Julia von Schnurbein (Ulm, Germany) for 'Leptin substitution results in the induction of menstrual cycles in an adolescent with leptin deficiency and hypogonadotrophic hypogonadism' (Novel Insights from Clinical Practice)







JULIA VON SCHNURBEIN

#### Henning Andersen Prizes

- Best abstract in basic science Nicolas de Roux (Paris, France) for 'Rabconnectin-3α is a synaptic protein that controls pubertal onset and reproduction'
- Best abstract in clinical science **Jesús Argente** (Madrid, Spain) for 'New molecular mechanism for severe familial isolated growth hormone deficiency type 1 due to mutations in the *RNPC3* gene encoding the minor spliceosome 65kDa protein'



NICOLAS DE ROUX



JESÚS ARGENTE



## **ESPE WORKING GROUP UPDATE**

# **Disorders of Sex Development (DSD)**

THE DSD WORKING GROUP meeting in Milan focused on information and communication in the context of DSD.

Christa Flück gave a comprehensive overview of the biochemical information necessary to reach a diagnosis in the assessment of a child with DSD. Genetic investigations were discussed by Ken McElreavey, and Faisal Ahmed gave an outline for communication around the DSD patient, based on experiences from the clinical setting in Glasgow. Julia Marie Kriegler gave her view as a parent on what the parents want, or need, to hear. We heard several helpful suggestions for communication with children and adolescents about their DSD from psychologist Tom Mazur (Buffalo, NY, USA).

Updates on the active collaborative projects were delivered by Jillian Bryce (the I-DSD Registry; www.i-dsd.org) and Birgit Köhler (the DSD-Life study; www.dsd-life.eu). Olaf Hiort presented the work for a future European Research Network (ERN) and the COST (Co-operation in Science and Technology) Action for DSD.

The ESPE DSD Working Group is now in its seventh year. Its aims include bringing together basic scientists and clinical physicians involved in this field to promote active research and collaboration, to develop and maintain the registry as a resource for research, to promote knowledge and education, and to set standards of holistic care of patients with DSD.

The Board of the Working Group comprises Anna Nordenström (Co-ordinator), Paul-Martin Holterhus (Secretary), Faisal Ahmed, Olaf Hiort, Charmion Quigley and Christa Flück. The Working Group does not have a membership list and its annual educational meetings at ESPE are open to everybody, usually attracting about 500 people.

Anna Nordenström, Co-ordinator, anna.nordenstrom@ki.se

# Paediatric and Adolescent Gynaecology (PAG)

THE 2013 PAG WORKING GROUP SYMPOSIUM in Milan took place with much enthusiasm and was attended by more than 800 delegates. The symposium was dedicated to 'Hyperinsulinaemic androgen excess (polycystic ovary syndrome, PCOS) in adolescents' and was chaired by Reiko Horikawa (Tokyo, Japan), Charles Sultan (Montpellier, France), Jean-Pierre Bourguignon (Liège, Belgium) and Warren Lee (Singapore).

Francis de Zegher (Leuven, Belgium) presented data on early development and prevention of PCOS. He summarised recent results suggesting that PCOS is a disorder of adipose tissue hyperexpansion that may originate in early life, develop across childhood and puberty, and advance into end-stage disease (with ovulatory dysfunction and androgen excess) by adolescence. The early prevention of PCOS should become a focus of paediatric attention.

The current thinking regarding the genetics of PCOS was summarised by Ken K Ong (Cambridge, UK). He gave data from a recently published large genome wide association study (Shi *et al.* 2012 *Nature Genetics* **44** 1020–1025). Ethel Codner (Santiago, Chile) focused on hyperinsulinaemic androgen excess in patients with type 1 diabetes and reviewed the clinical data, physiopathology and treatment of abnormal androgen levels in these patients. Preeti Dabadghao (Lucknow, India) discussed PCOS in girls from India, concluding that Indian girls with PCOS are mostly lean, but have abdominal obesity. The abnormalities in glucose metabolism and the prevalence of additional metabolic abnormalities do not differ according to body mass index. The treatment of PCOS in obese girls was covered by Hala Tfayli (Beirut, Lebanon). Weight loss, oral contraceptives and/or insulin sensitisation have all been used in these adolescents with inconclusive results. Lourdes Ibáñez (Barcelona, Spain) discussed the treatment of PCOS in non-obese adolescents and presented data on successful outcomes with low-dose pioglitazone–flutamide–metformin as compared with an oral contraceptive containing ethinyl oestradiol– cyproterone acetate.

In 2014, the PAG Working Group symposium is likely to focus on new markers of ovarian function, premature ovarian failure, usefulness of oestradiol and testosterone assessment in ovarian function, rare gynaecological disorders (e.g. breast disorders, risk for bleeding) and contraception – including public health perspectives. We feel that these are interesting topics which have yet to be covered, and have many aspects to discuss. You are cordially invited to attend!

You are also invited to suggest topics that you would like to see covered in forthcoming symposia.

Last, but not least, the Working Group also considers that there is a definite need for a consensus meeting on PCOS in adolescence, to fill the gaps that still exist on the subject. The process of preparation will soon be underway.

Lourdes Ibáñez, Chair, libanez@hsjdbcn.org

## Are you interested in ESPE's Working Groups?

ESPE members have various backgrounds and specialised interests. The Working Groups enable groups of investigators within ESPE to collaborate on specific aspects of paediatric endocrinology.

To find out more about joining or starting a Working Group, see www.eurospe.org/about/workinggroups.html.

Current Working Groups cover the following areas:

- Bone and growth plate
- Disorders of sex development
- Obesity
- Paediatric and adolescent gynaecology
- Turner syndrome

# **ESPE** Activities

# **ESPE Sabbatical Leave Programme**

THE ESPE SABBATICAL LEAVE PROGRAMME began 20 years ago, in close collaboration with Lilly, to enable ESPE members to undertake a sabbatical to perform research in another institution. It has been supported by Lilly ever since.

The programme's aim is to provide an opportunity for scientific renewal, new research development and establishment of collaborative links. Each year a total of  $\pounds$ 50 000 is available, and two or three sabbatical research positions can be funded (a maximum of  $\pounds$ 25 000 per recipient). The sabbatical leave will typically extend for between 3 and 12 months.

The name 'sabbatical' may sound as though it is associated with professors with a long-standing academic career, but in fact the programme is open to any ESPE member who wishes to boost his/her career by spending a period in another department. Previous recipients of a stipend from the programme have described the big impact their sabbatical has had on the rest of their career, as you can see from the reports posted on the ESPE website (www.eurospe.org/awards/awards\_sabbatical.html), excerpts from some of which are also shown here.

The deadline for applications is set in March of each year, so that applicants receive a response in time to start a sabbatical at the beginning of the next academic year. Unfortunately, in 2013 we had to postpone the deadline to 15 November, because the administrative aspects of securing funding took more time. However, we anticipate that the 2014 deadline will be 15 March. Application and other information can be found at www.eurospe.org/awards/awards\_sabbatical.html. If you have additional questions, please contact me (j.m.wit@lumc.nl).

Applicants must be ESPE members with an active research commitment in paediatric endocrinology. Preference will be given to those who have not taken sabbatical leave within the past 5 years. On return, the applicant should not be within 3 years of retirement. While the Committee appreciates the constraints which often prevent lengthy stays away from base, it will not be permissible to undertake a sabbatical in one's own institution.

The host institution should be of known excellence in the field of research selected by the candidate. It should deliver a statement indicating acceptance of the candidate, and confirm that appropriate facilities will be made available to undertake the research. It is expected that collaborative work will continue after the sabbatical leave is completed. The grant is meant to serve as a financial contribution towards the cost of travel, housing, academic and other items related to the sabbatical leave.

I look forward to receiving your applications.

Jan-Maarten Wit, Chair, Sabbatical Leave Committee

## How can ESPE support you?

Keep up to date with ESPE's fellowships, grants, awards and educational programmes. Visit www.eurospe.org.

## To find out more see www.eurospe.org/awards/awards\_sabbatical.html



## **Comments from previous recipients**

'My host's lab provided me with the necessary infrastructure, equipment and experienced personnel to help me achieve my objective ... I was able to participate in a stimulating ambience of scientific discussion. I believe we have established a long-standing and fruitful collaboration between our teams.'

'The new academic environment was very stimulating ... It was an excellent learning experience to meet a large number of new patients with a variety of underlying conditions and see how much an experienced group of specialists with varying backgrounds can accomplish by combining their skills and interests ... I am grateful to ESPE for this wonderful opportunity at this stage of my career to learn new clinical and research skills, to expand my collaborative network and to get new and fresh ideas for research. I am confident that the year will leave a permanent positive mark on my career.'

'I had a great chance to increase my experience in different molecular techniques in transgenic animals and cell culture studies with support of the ESPE Sabbatical Leave Programme. This collaboration is very important for me because it showed me the yield of the combination of clinical knowledge with experimental animal models and molecular biology studies.'



www.facebook.com/EuroSPE

www.twitter.com/EuroSPE

# **ESPE** Activities

# 27th ESPE Summer School

## Castello Dal Pozzo, Lake Maggiore, Italy, 22-25 September 2013

THIS YEAR'S SUMMER SCHOOL immediately followed the 9th Joint Meeting of Paediatric Endocrinology in Milan. The ESPE Summer School has been organised every year since 1987 and brings together paediatric endocrinologists in training and academic clinicians and scientists. The Summer School Organising Committee developed the course around various themes, including state of the art lectures and interactive cases by faculty on bone, diabetes insipidus, diabetes mellitus, obesity, growth, disorders of sex development and hyperandrogenism.

An important feature of the Summer School is the presentation of cases, one by each student, which are discussed in small groups with a faculty member. These are then summarised and presented to the plenum, providing an extensive sample of challenging endocrine case studies, ranging from common and controversial management problems

to rare genetic conditions. Exchanges between students and teachers were active during interactive small group teaching as well as in the breaks.

The Summer School aims to encourage interaction between students from different geographical origins, and so the opportunity to work so closely together for 3 days was greatly appreciated. The 36 fellows were selected from 87 applications from all around the world on the grounds of clinical and academic experience. Delegates represented 19 countries across 4 continents.

All faculty members are thanked for contributing to the Summer School and their attendance throughout the course. Those who were not previously familiar with the ESPE Summer School concept were impressed by the quality of both the teaching and the exchanges. Angelika Mohn and her local team deserve special thanks for outstanding organisation. Since its inception, ESPE Summer School has been supported by Ferring Pharmaceuticals A/S, for which we are grateful.

Over the next year, vacancies for an ordinary member of the Steering Committee and for the Co-ordinator of the Summer School will arise. Interested members can contact faisal.ahmed@glasgow.ac.uk.

In 2014, the 28th Summer School will take place near Dublin at Barretstown Castle, County Kildare, Ireland on 15–17 September. This is just before the 53rd Annual Meeting of ESPE. The deadline for applications is 1 February 2014. Please see www.eurospe.org/ education/education\_summer.html for further details.

Faisal Ahmed, faisal.ahmed@glasgow.ac.uk ESPE Summer School Co-ordinator



# German Society for Paediatric Endocrinology and Diabetology

THE SOCIETY WAS FOUNDED in 1975 (in East Germany) and in 1983 (in West Germany) as Arbeitsgemeinschaft Pädiatrische Endokrinologie (APE). The two parts fused in 1990, and the Society was restructured in its present form in 2011. Now known as Deutsche Gesellschaft für Kinderendokrinologie und -diabetologie (DGKED), it currently has 273 members.

Berthold P Hauffa (Essen; berthold.hauffa@uk-essen.de) is President of DGKED, and the Office Manager (main contact) is Wolfgang Seel (Berlin; w.seel@dgked.de).

The DGKED is organised around several collaborative working groups. All have well defined objectives, encompassing ongoing and future projects, and the generation of clinical guidelines.

- Disorders of sex differentiation (richter-unruh@web.de)
- Childhood obesity (Susanna.Wiegand@charite.de; Christian.Denzer@uniklinik-ulm.de)
- Calcium, phosphate and bone metabolism (Dirk.Schnabel@charite.de)
- Adrenals (Walter.Bonfig@lrz.tu-muenchen.de)
- Gonads and puberty (julia.rohayem@ukmuenster.de)
- Thyroid (reinhard.muehlenberg@helios-kliniken.de)
- **Growth and pituitary** (growth: Gerhard.Binder@med.uni-tuebingen.de; pituitary: pfar@medizin.uni-leipzig.de)
- Quality management in paediatric endocrinology and diabetology (Klaus.Mohnike@med.ovgu.de; reinhard.holl@uni-ulm.de)
- History of the APE (hesse@deuz-weg.de; Helmuth-Guenther.Doerr@uk-erlangen.de)
- Ambulatory (office) paediatric endocrinology (brack@kinderaerzte-celle.de; hartmann@paedinfoline.de).



DGKED organises JA-PED: the Joint Annual Meetings of the DGKED and the Arbeitsgemeinschaft Pädiatrische Diabetologie (AGPD; the Working Party for Paediatric Diabetology). See www.ja-ped.de for more information. The Society also organises the 'Paediatric Endocrinology in the Doctor's Office' (PEP) meeting and the ENDO seminar (for paediatric endocrine nurses).

DGKED training courses include 'Paediatric endocrinology', 'Ultrasound in paediatric endocrinology' and 'Paediatric endocrine seminar for residents', and take place every year, with support for training grants and three prizes of different values.

Currently, national accreditation in paediatric endocrinology requires completion of the National Training Programme in Paediatric Endocrinology and Diabetology (3 years) with board certification by the German Medical Council. Candidates must have finished their paediatric training and be board-certified paediatricians.

For further information, see www.dgked.de.

# ESPE Meetings

# Future meetings See www.eurospe.org/meetings for details of all future meetings







## **Other Events**

**ESPE Winter School** 21–27 February 2014 KACHRETI, GEORGIA

**1st ESPE Diabetes/ Obesity School** 24–26 April 2014 TEL AVIV, ISRAEL

## ESPE Advanced Seminar in Developmental Endocrinology 2014 30–31 May 2014 ROME, ITALY

**ESPE Summer School 2014** 15–17 September 2014 BARRETSTOWN CASTLE, IRELAND

**1st ESPE Caucasus and Central Asia School** 24–30 October 2014 ALMATY, KAZAKHSTAN

## Deadlines

Please note these fast-approaching deadline dates and submit your applications as soon as possible.

Nominations for the following awards: ESPE Andrea Prader Prize ESPE Research Award ESPE Young Investigator Award ESPE Outstanding Clinician Award ESPE International Award	10 Dec 2013
1st ESPE Diabetes/Obesity School applications	20 Dec 2013
ESPE Advanced Seminar in Developmental Endocrinology applications	31 Jan 2014
ESPE Visiting Scholarship applications	31 Jan 2014
ESPE Summer School applications	1 Feb 2014
ESPE Caucasus and Central Asia School applications	30 Apr 2014

See the ESPE website www.eurospe.org for further details and application forms

European Society for Paediatric Endocrinology Improving care of children with endocrine diseases by promoting knowledge and research

#### Secretary General:

Professor Lars Sävendahl, MD, PhD Academic Chair, Division of Paediatrics Karolinska University Hospital, Q2:08, SE-171 76 Stockholm, Sweden Tel: +46 (0)8 51772369 Fax: +46 (0)8 51775128 Email: lars.savendahl@ki.se

ESPE website: www.eurospe.org

## **ESPE Newsletter**

© 2013 The European Society for Paediatric Endocrinology The views expressed by the contributors are not necessarily those of ESPE

Editor: Professor Feyza Darendeliler Istanbul Tip Fakultesi Cocuk Sagligi Ve Hastaliklari Anab Dali, Capa Istanbul, TR-34390, Turkey Email: feyzad@istanbul.edu.tr

## Designed by: Sublime Creative

Published by: Bioscientifica Ltd Euro House, 22 Apex Court, Woodlands Bradley Stoke, Bristol BS32 4JT, UK www.bioscientifica.com Bioscientifica is a subsidiary of the Society for Endocrinology

## ESPE Office

The ESPE Office is managed by Bioscientifica Ltd, headed by Managing Director Leon Heward-Mills.

Hannah Bonnell, Bioscientifica's Association Services Manager, oversees the day-to-day relationship with ESPE, liaising with the ESPE Council and committee members as well as being the main point of contact for ESPE enquiries. She undertakes projects requested by the Secretary General, providing him with assistance and attending ESPE Council and committee meetings. The ESPE Office handles membership renewals and payments and deals with subscriptions to *Hormone Research in Paediatrics*.

Bioscientifica also manages the Corporate Liaison Board which deals with industry sponsors, and is also responsible for publication of the ESPE Newsletter.

ESPE, Bioscientifica Ltd, Euro House, 22 Apex Court, Woodlands, Bradley Stoke, Bristol BS32 4JT, UK Tel: +44 (0)1454 642246 Fax: +44 (0)1454 642222; Email: espe@eurospe.org